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MINIREVIEWS

Advances in medical treatment for pancreatic neuroendocrine neoplasms

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Abstract

Pancreatic neuroendocrine neoplasms (PanNENs) are rare neoplasms with strong heterogeneity that have experienced an increasing incidence rate in recent years. For patients with locally advanced or distant metastatic PanNENs, systemic treatment options vary due to the different differentiations, grades and stages. The available options for systemic therapy include somatostatin analogs, molecularly targeted agents, cytotoxic chemotherapeutic agents, immune checkpoint inhibitors, and peptide receptor radionuclide therapy. In addition, the development of novel molecularly targeted agents is currently in progress. The sequence of selection between different chemotherapy regimens has been of great interest, and resistance to chemotherapeutic agents is the major limitation in their clinical application. Novel agents and high-level clinical evidence continue to emerge in the field of antiangiogenic agents. Peptide receptor radionuclide therapy is increasingly employed for the treatment of advanced neuroendocrine tumors, and greater therapeutic efficacy may be achieved by emerging radio-labeled peptides. Since immune checkpoint inhibitor monotherapies for PanNENs appear to have limited antitumor activity, dual immune checkpoint inhibitor therapies or combinations of antiangiogenic therapies and immune checkpoint inhibitors have been applied in the clinic to improve clinical efficacy. Combining the use of a variety of agents with different mechanisms of action provides new possibilities for clinical treatments. In the future, the study of systemic therapies will continue to focus on the screening of the optimal benefit population and the selection of the best treatment sequence strategy with the aim of truly achieving individualized precise treatment of PanNENs.

Key Words: Pancreatic neuroendocrine neoplasms; Advanced neuroendocrine tumors; Medical treatment; Peptide receptor radionuclide therapy; Advances

Core Tip: Pancreatic neuroendocrine neoplasms (PanNENs) are rare neoplasms with strong heterogeneity. The systemic treatment options of advanced PanNENs vary due to the different differentiations, grades and stages and include somatostatin analogs, molecularly targeted agents, cytotoxic chemotherapeutic agents, immune checkpoint inhibitors, and peptide receptor radionuclide therapy. Despite the multiple systemic therapeutic options for PanNENs, problems such as drug resistance, adverse side effects and limited scope of application still exist. Thus, we review the clinical development of medical treatment options, focusing on ongoing clinical studies and the development of novel targeted drugs, to provide a reference for clinicians and researchers.

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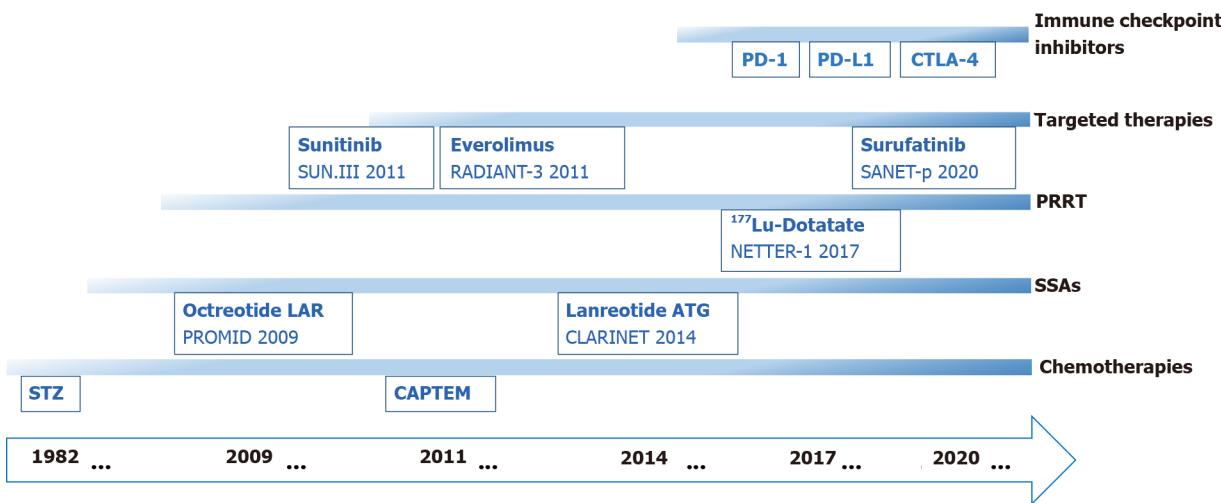
INTRODUCTION

Neuroendocrine neoplasms (NENs) are a group of rare neoplasms originating from neuroendocrine cells. However, with the development of diagnostic techniques and improvements in the clinical understanding of these tumors, the incidence is increasing yearly. Based on the United States Surveillance, Epidemiology, and End Results database, the age-adjusted incidence of NENs has increased nearly 6.4-fold from 1.09 per 100000 persons in 1973 to 6.98 per 100000 in 2012. The pancreas (0.84 per 100000 persons) is one of the most common primary sites of NENs, ranked after the lung, small intestine, and rectum[1]. In countries such as China and India, pancreatic NENs (PanNETs) are the most common gastroenteropancreatic neuroendocrine tumors (GEP-NETs) and have the highest morbidity [2].

PanNENs are highly heterogeneous neoplasms that appear as various clinical manifestations and biological behaviors. PanNENs can be classified as nonfunctional PanNENs (60%-90%) or functional PanNETs based on the absence or presence of symptoms associated with the overproduction of specific hormones, respectively[3]. The most common functional PanNETs are gastrinomas and insulinomas; less frequent are glucagonomas, somatostatinomas, vasoactive intestinal polypeptide-secreting tumors, and adrenocorticotrophic hormone-secreting tumors[4-7]. The majority of PanNETs are sporadic, although PanNETs can occur as part of hereditary multiple tumor syndromes, such as multiple endocrine neoplasia type 1 and von Hippel-Lindau (VHL) disease[8]. PanNENs are classified into three main histological categories according to the 2019 World Health Organization Classification of Tumors of the Digestive System (5th edition): well-differentiated neuroendocrine tumors (NETs), poorly differentiated neuroendocrine carcinomas (NECs), and mixed neuroendocrine-non-neuroendocrine neoplasms. NETs are further classified into three grades (G1, G2, and G3) according to their mitotic rate (mitoses/2 mm²) and Ki-67 proliferation index[9]. PanNENs clinical staging is currently based on the eighth edition of the American Joint Committee on Cancer tumor node metastasis (TNM) staging system. Well-differentiated PanNETs are staged by PanNENs TNMs, whereas poorly differentiated PanNECs are staged according to the TNM staging of pancreatic cancer[10].

Therapeutic strategies vary due to the different grades and stages of PanNENs. Radical surgery is the primary treatment option for patients with locally resectable PanNENs; however, 40%-50% of NENs present with distant metastases at the time of initial diagnosis, limiting the opportunity for surgical resection. Moreover, many patients with resected PanNENs will develop recurrence with distant metastases[11,12]. Systemic therapeutic options for patients with locally advanced or distant metastatic PanNENs involve somatostatin analogs (SSAs), molecularly targeted agents, cytotoxic chemotherapeutic agents, immune checkpoint inhibitors, and peptide receptor radionuclide therapy (PRRT) (**Figure 1**).

The therapeutic goals for patients with locally unresectable and metastatic PanNENs include both hormone control and anti-tumor therapy. The scope of this article does not include medical treatments for the control of functional PanNENs hormone-related symptoms, but rather focuses on anti-tumor therapy. Despite the multiple systemic therapeutic options for PanNENs, problems such as drug resistance, adverse side effects and limited scope of application still exist, and clinical needs have not been met. Thus, conquering drug resistance, expanding the scope of application and developing new clinical drugs have been the main focus of researchers in recent decades. This article reviews the clinical development of existing drugs, focusing on ongoing clinical studies and the development of novel targeted drugs, to provide a reference for addressing the current clinical treatment dilemma and the future direction of PanNENs drug research.



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Figure 1 History and key events in the development of pancreatic neuroendocrine neoplasms systemic therapy. PRRT: Peptide receptor radionuclide therapy; SSAs: Somatostatin analogs; PD-L1: Programmed cell death-ligand 1 inhibitor; PD-1: Programmed cell death-1 inhibitor; CTLA-4: Cytotoxic T-lymphocyte antigen 4 inhibitor; STZ: Streptozotocin; CAPTEM: Capecitabine and temozolamide regimen; PROMID[13], NCT00171873; CLARINET[14], NCT00353496; SUN.III[15], NCT00428597; RADIANT-3[16], NCT00510068; SANET-P[17], NCT02589821; NETTER-1[18], NCT01578239.

ADVANCES IN CHEMOTHERAPY

Systemic treatment with chemotherapy is one of the main therapies for advanced PanNETs. Appropriate chemotherapy regimens are delivered according to pathological classification and grades, mainly including temozolomide-based combination regimens and platinum-based regimens. Among them, temozolomide-based combination chemotherapy (CAPTEM and STEM) regimens can be used for the first-line treatment of patients with advanced PanNETs G2/G3[19–21] and for the second-line treatment of patients with PanNECs[22,23]. The synergistic effect of capecitabine in combination with temozolomide chemotherapy may be due to its ability to deplete O6-methylguanine DNA methyltransferase (MGMT) levels in tumor cells, thereby enhancing the alkylating effect of temozolomide[24]. The association between MGMT expression status and temozolomide efficacy has been demonstrated in other tumor types, and several studies in NENs have suggested that MGMT promoter methylation or low protein expression correlates better with a favorable therapeutic response to temozolomide and that MGMT status can be used as a biological indicator of the response to alkylating agent treatment in NENs[25,26]. However, because most of the current studies on the relationship between MGMT status and temozolomide efficacy are small-sample, retrospective studies, there is some controversy. A prospective study (NCT03217097) of the relationship between MGMT status and temozolomide efficacy in NETs is underway in which patients with advanced NETs have been divided into two groups according to whether they have MGMT methylation and are receiving temozolomide or oxaliplatin-based chemotherapy at a 1:1 (unmethylated group) and 2:1 (methylated group) ratio, respectively. ORR was used as the primary outcome indicator[27]. Additional prospective studies (NCT02698410, NCT01824875, NCT01525082) have evaluated MGMT status as a secondary outcome.

In clinical practice, drug resistance is one of the major obstacles to the effective treatment of temozolomide-based chemotherapy in PanNETs. Current studies on temozolomide resistance mechanisms are mainly conducted in the field of glioma. In addition to the overexpression of MGMT, the overexpression of the base excision repair (BER) pathway, alteration of autophagy, and activation of the phosphoinositide 3-kinase/protein kinase B/mammalian target of rapamycin (PI3K/AKT/mTOR) pathway contribute to acquired temozolomide resistance[28]. Wu *et al*[29] found enhanced temozolomide sensitivity in a preclinical study of glioblastoma multiforme (GBM) that poly (ADP-ribose) polymerase (PARP) inhibitors, particularly in MGMT-unmethylated GBM, and this effect may be mediated by inhibition of MGMT-mediated repair by abolishing MGMT function and inhibition of BER-mediated repair (Figure 2). Therefore, the combination of PARP inhibitors and temozolomide may be one solution for overcoming temozolomide resistance, and clinical trials applying this combination regimen in patients with small-cell lung cancer have yielded good clinical results[30]. A phase II clinical trial (NCT04394858) is currently evaluating the efficacy of single-agent temozolomide vs the combination of temozolomide and olaparib in patients with advanced pheochromocytoma and paraganglioma; however, no clinical trials of temozolomide in combination with PARP inhibitors for PanNETs have been conducted. Temozolomide resistance has also been observed to be associated with activation of the PI3K/AKT/mTOR pathway, and inhibition of the PI3K/AKT/mTOR pathway sensitizes tumor cells to apoptosis upon temozolomide treatment[31]. In a prospective phase II clinical trial, temozolomide in combination with everolimus as second-line therapy for advanced PanNETs resulted in an ORR of 40%

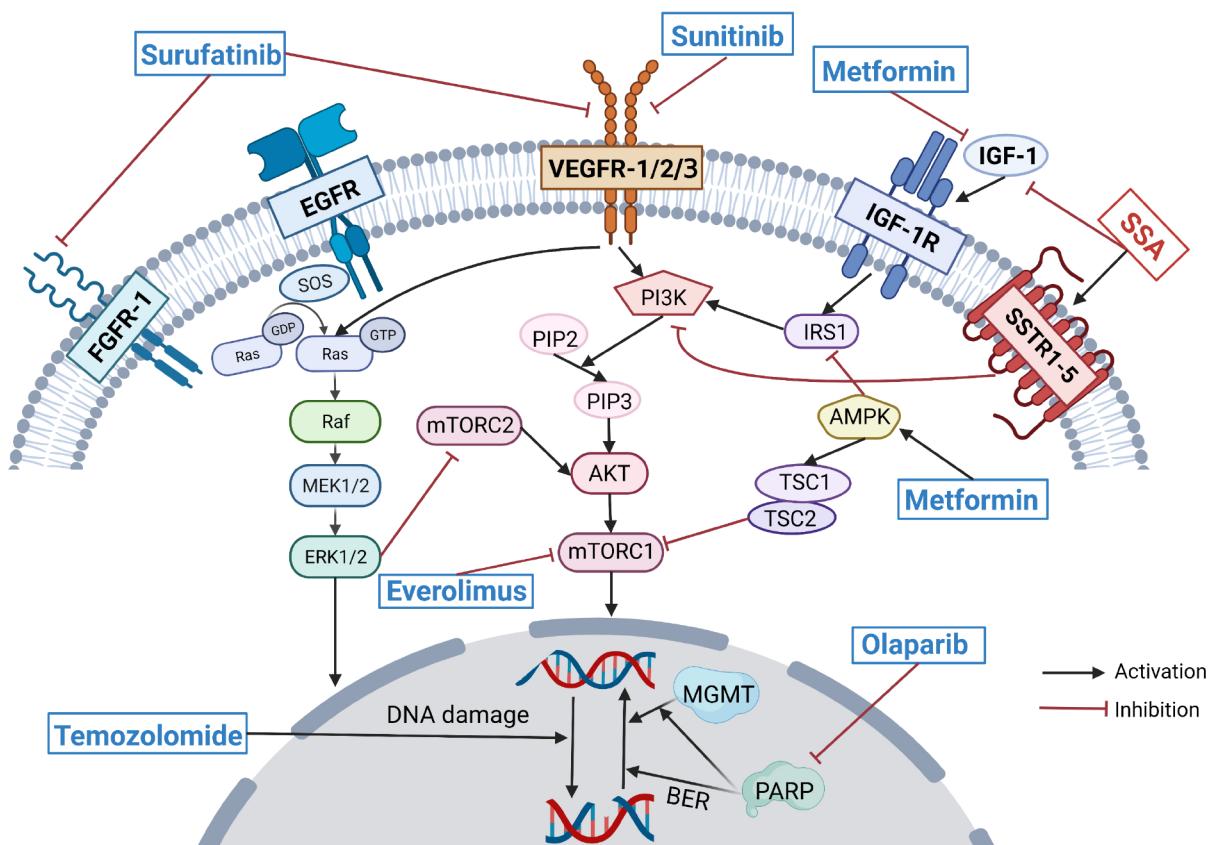


Figure 2 Molecular mechanisms of the action of somatostatin analog, antiangiogenic agents, everolimus, temozolomide, olaparib, and metformin on pancreatic neuroendocrine neoplasms and interactions. FGFR: Fibroblast growth factor receptor; EGFR: Epidermal growth factor receptor; VEGFR: Vascular endothelial growth factor receptor; IGF-1: Type 1 insulin-like growth factor; IGF-1R: Type 1 insulin-like growth factor receptor; SSTR: Somatostatin receptor; PI3K: Phosphoinositide 3-kinase; PIP2: Phosphatidylinositol-4,5-bisphosphate; PIP3: Phosphatidylinositol-3,4,5-triphosphate; AKT: Protein kinase B; mTORC1: Mechanistic target of rapamycin complex 1; mTORC2: Mechanistic target of rapamycin complex 2; IRS1: Insulin receptor substrate 1; AMPK: Adenosine 5'-monophosphate-activated protein kinase; TSC1: Tuberous sclerosis complex 1; TSC2: Tuberous sclerosis complex 2; SOS: Son of sevenless; RAS: Rat sarcoma virus; RAF: Rapidly accelerated fibrosarcoma; MEK: Methyl ethyl ketone; ERK: Extracellular signal-regulated kinase; BER: Base-excision repair; MGMT: O6-methylguanine DNA methyltransferase; PARP: Poly (ADP-ribose) polymerase. Citation: Created with BioRender.com.

and a median PFS of 15.4 mo, with no synergistic toxicity observed[32].

The most frequent chemotherapy schemes in advanced PanNECs are platinum-based (EP, EC) regimens for first-line therapy and FOLFOX, FOLFIRI, or CAPTEM regimens for second-line therapy [19,33,34]. For other options of first-line treatment regimens for PanNECs, a prospective study (NCT04325425) is evaluating the mFOLFIRINOX regimen *vs* the EP/EC regimen for advanced gastroenteropancreatic neuroendocrine carcinomas (GEP-NECs) as first-line therapy. Another study (NCT03387592) is evaluating the efficiency of the CAPTEM regimen *vs* the FOLFIRI regimen as second-line therapy for advanced NECs. These prospective clinical studies provide additional treatment options for patients with advanced PanNECs and high-level evidence for clinical decision-making.

ADVANCES IN SOMATOSTATIN ANALOGS

SSAs, with their antisecretory and antiproliferative effects, are some of the most common first-line treatments for patients with advanced PanNENs and can be used to control hormonal symptoms in patients with functional PanNETs[35] and for patients with advanced nonfunctional PanNENs to play an antiproliferative role. SSAs are primary treatment options for patients with PanNETs-G1/G2, Ki-67 < 10%, SSTR-positive, and slow-growing tumors[11-14,19,36]. The most widely used clinical SSAs include octreotide LAR and lanreotide autogel, both of which bind primarily to SSTR2 and SSTR5.

Several investigators have also evaluated the efficacy of SSAs in exerting antitumor effects in PanNENs with Ki-67 ≥ 10%. A multicenter retrospective study included advanced, well-differentiated PanNETs with Ki-67 of 10%-35% receiving first-line, long-acting SSAs and observed that SSAs still exert antiproliferative activity against PanNETs with Ki-67 ≥ 10% but have limited effect in PanNETs with high grade (G3) and hepatic tumor load > 25%[37].

In clinical practice, using SSAs at nonconventional high doses (increased administered dose or reduced administration interval) is a common empirical option in patients with progression PanNETs on a standard SSA first-line treatment[38]. A multicenter retrospective study of nonconventional doses of SSAs for GEP-NETs showed that in well-differentiated G1/G2 GEP-NETs, the overall median PFS was 31 mo with high-dose SSA (HD-SSA) therapy after progression on a standard SSA therapy, suggesting that HD-SSAs are active and safe treatment options in patients with progressive well-differentiated GEP-NETs[39]. A prospective single-arm phase II study (NCT02651987) assessed the efficacy of increasing the dose frequency of 120 mg lanreotide autogel (LAN) in 48 patients with progressive G1/G2 PanNETs and showed that 120 mg LAN every 14 d in PanNETs (progressive on standard 120 mg LAN every 28 d) produced promising PFS and DCR, especially in patients with Ki-67 ≤ 10%[40].

In addition, SSAs in combination with other agents (chemotherapy agents, antiangiogenic therapies, everolimus, immune checkpoint inhibitors, *etc.*) are also frequent second-line treatment options in real-world studies[41]. SSA combination therapy may have better efficacy in well-differentiated PanNETs with Ki-67 > 10% or high tumor burden, and a prospective multicenter phase II clinical study (NCT02231762) evaluating the efficacy of the combination of LAN and temozolomide in patients with advanced GEP-NETs is being conducted.

The efficacy of SSAs is correlated with the expression of somatostatin receptors on the tumor cell surface[38]. DNA methyltransferase inhibitors and histone deacetylase inhibitors were observed to upregulate SSTR2 expression in NET cell lines in some preclinical studies and could potentially be an option for overcoming SSA resistance, but the lack of progress in clinical studies requires further validation[42,43]. In clinical management, it is essential to identify the population favorable for SSA therapy, and SSAs in combination with other agents are expected to be synergistic in patients with higher grade, higher tumor load, and SSTR-positive PanNETs.

ADVANCES IN TARGETED THERAPIES

The targeted therapies currently used in PanNETs mainly include mammalian target of rapamycin (mTOR) inhibitors and antiangiogenic agents. FDA-approved target agents for the treatment of PanNENs include everolimus (mTOR inhibitor) and sunitinib (tyrosine kinase inhibitor)[12,19], and the recommendation of surufatinib (tyrosine kinase inhibitor) has been added to the Chinese guidelines for the diagnosis and treatment of pancreatic neuroendocrine neoplasms (2020)[36].

Everolimus, a mTOR inhibitor, has been shown to inhibit tumor cell growth through suppression of the PI3K/AKT/mTOR pathway. The primary results of the RADIANT-3 trial reported that patients with advanced PanNETs in the everolimus group had a median PFS of 11 mo, with a 6.4-mo increase *vs* the placebo group, and the safety profile of everolimus was good[16]. Everolimus resistance is thought to be related to its ability to inhibit only partial mTORC1 but not mTORC2, thus causing over-activation of upstream signaling, including PI3K/AKT[44]. Thus, both the dual PI3K/mTOR inhibitor BEZ235 and the dual inhibitor of mTORC1 and mTORC2, CC-223, are thought to have the potential to overcome everolimus resistance, but the phase II clinical trial of BEZ235 failed due to severe adverse effects[45]. The results of a phase II clinical trial of CC-233 in nonpancreatic NETs patients who failed first-line therapy suggested a DCR of 90% (95%CI: 76.9-97.3%) and a median PFS of 19.5 mo (95%CI: 10.4-28.5 mo), with a safety profile comparable with that of everolimus, but its use in PanNET patients still needs to be prospectively explored[46].

Several preclinical studies suggest that SSAs can inhibit insulin-like growth factor-1 (IGF-1), an upstream signal of the PI3K/AKT/mTOR pathway (Figure 2), and LAN was observed to reduce the survival rate of everolimus-resistant cell lines. SSAs may be able to overcome resistance to everolimus [38,47]. Unfortunately, in the COOPERATE-2 study of everolimus in combination with pasireotide LAR *vs* everolimus monotherapy in patients with advanced PanNETs, no prolongation of PFS was observed in the combination group *vs* the monotherapy group[48]. However, the trial extension results of the LUNA study of everolimus in combination with pasireotide LAR for advanced pulmonary and thymic NETs suggested that the everolimus combined with pasireotide group had a significantly longer median PFS than the pasireotide monotherapy group and the everolimus monotherapy group (8.51 mo *vs* 12.48 mo *vs* 16.53 mo)[49]. The Japan Clinical Oncology Group is also conducting a multicenter, randomized, controlled, phase III trial (jRCT1031200023) to confirm the superiority of combined everolimus plus lanreotide therapy over everolimus monotherapy for advanced GEP-NETs[50].

Resistance to everolimus may also be overcome by combined metformin therapy. Pusceddu *et al*[51] conducted a retrospective analysis of 445 patients with advanced PanNETs treated with everolimus and/or SSAs in 24 medical centers in Italy and observed that the median PFS of 44.2 mo was significantly longer in patients treated with metformin glucose-lowering therapy than in nondiabetic patients (15.1 mo) and longer than that in diabetic patients receiving other glucose-lowering treatments (20.8 mo). Metformin is associated with increased PFS in patients treated with SSA and in patients treated with everolimus (with or without SSAs). A preclinical study showed that metformin may induce more effective mTOR blockade through its effects on IGF-1 and adenosine 5'-monophosphate-activated protein kinase and may counteract the resistance mechanism triggered by everolimus (Figure 2)[52].

Because both metformin and SSA were observed to have the potential to overcome everolimus resistance in preclinical studies, a prospective study evaluating the efficacy of the triple-drug combination of everolimus, octreotide, and metformin for the treatment of advanced PanNENs (NCT02294006) is underway.

Antiangiogenic agents include tyrosine kinase inhibitors (TKIs) and non-TKI agents such as bevacizumab [anti-vascular endothelial growth factor (VEGF) monoclonal antibody]. PanNETs are highly vascularized with overexpression of proangiogenic factors such as VEGF, so antitumor angiogenesis is an effective therapeutic approach[53]. Antiangiogenic agents have evolved rapidly in the field of PanNET therapy in recent years, with new agents and high-grade clinical evidence emerging. Sunitinib, a polytyrosine kinase inhibitor, became the first antiangiogenic agent approved by the FDA for the treatment of patients with advanced PanNETs based on favorable results from a randomized double-blind phase III clinical trial[15]. Surufatinib is a new multitargeted TKI that blocks tumor angiogenesis by inhibiting both vascular endothelial growth factor receptor-1/2/3 (VEGFR-1/2/3) and fibroblast growth factor receptor-1 (FGFR-1) (Figure 2) and regulates tumor-associated macrophages to promote the immune response of the body to tumor cells by inhibiting colony-stimulating factor-1 receptor[54]. The SANET-p study, a phase III clinical trial of surufatinib in patients with advanced PanNETs, suggested a significant prolongation of median PFS (10.9 mo vs 3.7 mo) and improvement of ORR (19% vs 2%) in the surufatinib group compared with the placebo group[17]. The results from the PanNET cohort of the phase II cohort study (NCT01466036) of cabozantinib, a multitargeted tyrosine kinase inhibitor targeting VEGFR2 and cellular-mesenchymal epithelial transition factor, suggested a median PFS of 21.8 mo (95%CI: 8.5-32.0 mo) and an ORR of 15% (95%CI: 5%-36%)[55]. This result has raised expectations for the publication of the results of the ongoing randomized, double-blind phase III clinical trial of cabozantinib (NCT03375320). The TALENT study (GETNE1509) is a phase II clinical study of the VEGFR1-3 and FGFR1-4 inhibitors lenvatinib in which good clinical efficacy was observed in the PanNET cohort with a tolerable safety profile[56]. In addition, the TALENT study quantified a series of proangiogenic factors, such as VEGF-A, angiopoietin-2 (Ang2), and VEGFR-2. The results suggested that high Ang2 Levels and low FGF2 Levels were significantly associated with ORR, and Ang2 and VEGFR-2 Levels in patients treated with sunitinib could predict the efficacy of lenvatinib, confirming that biomarkers can not only predict drug efficacy but also provide a reference for patient sequential therapy selection[57]. Axitinib[58] and pazopanib[59] have also demonstrated efficacy in phase II clinical trials for the treatment of NETs. Clinical advances in antiangiogenic agents have brought more new options for the treatment of advanced PanNETs.

ADVANCES IN IMMUNOTHERAPY

With the advent of the immunotherapy era, phase I/II clinical trials of various immune checkpoint inhibitors such as programmed cell death-ligand 1 (PD-L1) inhibitors, programmed cell death-1 (PD-1) inhibitors and cytotoxic T-lymphocyte antigen 4 inhibitors have been widely conducted and rapidly developed in the PanNEN field. The results of a phase Ib study of toripalimab as a second-line regimen for the treatment of patients with advanced NENs suggested an ORR of 22.2% and a DCR of 55.5% in the PanNEN subgroup and observed that patients with positive PD-L1 expression, TMB-H (top 10%) and/or MSI-H positivity may preferentially benefit from the treatment[60]. The results of some current clinical trials have shown no significant benefit observed in patients with NENs treated with immune checkpoint inhibitors alone[61,62], and dual immunotherapy with PD-L1/PD-1 inhibitors in combination with CLTA-4 inhibitors is starting to gain interest. The DUNE study (GETNE 1601) is a phase II multicohort clinical study assessing the efficacy of durvalumab in combination with tremelimumab for the treatment of advanced GEP-NENs and pulmonary NETs, with recent results suggesting an ORR of 6.3% for the G1/G2 grade PanNET cohort, 9.1% for the G3 grade GEP-NEN cohort, and 7.4% and 0% for the pulmonary NET and giNET cohorts respectively[63]. A multicohort phase II clinical trial (NCT02923934) assessed the efficacy of ipilimumab in combination with nivolumab in NETs, with the latest results suggesting an ORR of 25% for the NET cohort (20 pts), and the study is still ongoing[64]. Clinical trials of immune checkpoint inhibitors in combination with other agents (antiangiogenic agents, chemotherapy, PRRT, and SSAs) continue to emerge, and some current clinical studies of immunotherapy in combination with antiangiogenic agents suggest better efficacy. An ORR of 20% and a median PFS of 3.94 mo were observed in a phase II clinical trial of toripalimab in combination with surufatinib in patients with advanced NECs after the failure of first-line chemotherapy. Surufatinib in combination with toripalimab has been suggested as a second-line treatment option for patients with advanced NECs[65], and a phase III clinical trial (NCT05015621) is evaluating the efficacy of the combination of surufatinib and toripalimab versus FOLFIRI regimen as a second-line treatment option for patients with advanced NECs. Clinical trials of immunotherapy in combination with other therapies being conducted in patients with NENs are shown in Table 1.

Table 1 Ongoing clinical trials of immune checkpoint inhibitors in combination with other therapies for the treatment of neuroendocrine neoplasms

Drugs	Population	n	Phase	Primary outcomes	NCT number
Surufatinib + toripalimab vs FOLFIRI	NEC	194	III	OS	NCT05015621
Penpulimab + anlotinib	NET	150	II	ORR	NCT04207463
Pembrolizumab + liver-directed/PRRT	NET	32		ORR	NCT03457948
Nivolumab + chemotherapy	NEN G3	38	II	OS	NCT03980925
Toripalimab + FOLFSIM vs EP/EC	Advanced NEC	336	II/III	OS	NCT03992911
Nivolumab + ipilimumab + cabozantinib	PD-NET	30	II	ORR	NCT04079712
Pembrolizumab + lanreotide depot	GEP-NET	22	Ib/II	ORR	NCT03043664

FOLFIRI: Folinic acid, fluorouracil and irinotecan regimen; FOLFSIM: Simmtecan and 5-FU/LV regimen; EP: Etoposide and cisplatin regimen; EC: Etoposide and carboplatin regimen; PD-NET: Poorly differentiated neuroendocrine tumor; ORR: Objective response rate; OS: Overall survival.

ADVANCES IN PEPTIDE RECEPTOR RADIONUCLIDE THERAPY

PRRT has been widely used in the treatment of NETs in Europe, the USA and Asia[66]. ¹⁷⁷Lu-DOTATATE has been used for more than a decade, but clinical studies of PRRT are still dominated by phase I/II clinical trials, and there is a lack of phase III clinical trials with large samples for NETs. The NETTER-1 study, a pivotal phase III clinical study of PRRT, treated two groups of midgut NETs with ¹⁷⁷Lu-DOTATATE combined with long-acting octreotide (30 mg every 28 d) and high-dose long-acting octreotide (60 mg every 28 d) and observed that ¹⁷⁷Lu-DOTATATE significantly increased the ORR (18% vs 3%) and prolonged the median OS of patients (48 vs 36.3 mo)[18,67]. Unfortunately, the NETTER-1 study, while suggesting good efficacy of PRRT, did not involve PanNETs, and the subsequent NETTER-2 study (NCT03972488), which is still ongoing enrolled SSTR+ G2/G3 GEP-NETs to evaluate the efficacy of ¹⁷⁷Lu-DOTATATE in combination with long-acting octreotide (30 mg every 28 days) compared with a high dose of long-acting octreotide (60 mg every 28 d). Prior to the results of the NETTER-2 study, the results of the multicenter retrospective NETTER-R study, which provided evidence for the use of PRRT in PanNETs, suggested that ¹⁷⁷Lu-DOTATATE had a median PFS of 24.8 (95%CI: 17.5-34.5) months and an ORR of 40.3% (95%CI: 28.1-53.6) in patients with advanced SSTR-positive PanNETs[68]. ¹⁷⁷Lu-DOTA-JR11 is a novel radiolabeled SSTR2 antagonist, and its application in SSTR-positive NETs in phase I/II clinical trials resulted in a DCR (12 mo) of 90% and an acceptable safety profile, suggesting that ¹⁷⁷Lu-DOTA-JR11 has good research potential[69]. Among emerging α -emitters, ²²⁵Ac-DOTATATE, ²¹³Bi-DOTATOC and ²¹²Pb-DOTAMTATE have also shown good results in small samples of NETs, and clinical trials are underway[70].

NEW TARGETED AGENTS

In addition to common targets such as SSTR2, mTOR, and VEGFR, researchers are actively exploring new targeted agents for clinical application in the field of PanNENs. Cyclin-dependent kinases (CDKs), which regulate cell cycle progression, have been considered promising new targets for tumor therapy. Palbociclib, a small molecule compound that specifically inhibits CDK4 and CDK6, induced G1 phase blockade in Rb-positive CDK4-overexpressing PanNET cell lines in an *in vitro* assay, blocking and inhibiting the growth of PanNET cell lines[71,72]. However, the results of a phase II clinical trial of palbociclib for G1/G2 grade PanNETs suggested a median PFS of only 2.6 mo (95%CI: 0-14.4)[71]. ONC201, an agent with specific targeting of the dopamine-like DRD2 receptor and the mitochondrial protease ClpP, inhibits the growth of PanNET cell lines by TRAIL/DR5 upregulation, dual AKT/ERK pathway inhibition and promotion of a comprehensive stress response to exerting anticancer effects. The phase II study of ONC201 for NETs (NCT03034200) included 10 patients with metastatic PC-PGs (Group A) and 12 patients with other neuroendocrine tumors (Group B), and the latest results of this study suggested 5 PRs and 2 SDs in Group A and 1 PR and 2 SDs in Group B. A full outcome report is still pending[73]. Antibody-coupled drugs developed against SSTR targets have received much attention. PEN-221, an antibody-drug conjugate (ADC) targeting SSTR2, connects the cytotoxic microtubule protein inhibitor DM1 to Tyr3-octreotate and can rapidly internalize DM1 into SSTR2-expressing cells and exert cytotoxic effects after binding to SSTR2[74]. A phase II clinical study of PEN221 in SSTR2-positive gastrointestinal NETs is ongoing, and the latest results suggested that 23

Table 2 Ongoing clinical trials of new targeted agents

Drugs	Targets	Population	n	Phase	Primary outcomes	NCT number
Ribociclib + Everolimus	CDK4/6 Inhibitor	Advanced NET	21	II	PFS	NCT03070301
Abemaciclib	CDK4/6 Inhibitor	Advanced GEP-NET	37	II	ORR	NCT03891784
BAY 1895344	ATR Kinase Inhibitor	SCLC/PD-NEC/PDA	87	I	MTD, AEs	NCT04514497
Lurbinectedin, berzosertib	ATR Kinase Inhibitor	SCLC/HGNEC	75	I/II	MTD, ORR	NCT04802174
BI 764532	DLL3 Inhibitor	SCLC/NEN Expressing DLL3	110	I	MTD	NCT04429087
Entinostat	HDAC Inhibitor	Abdominal NET	40	II	ORR	NCT03211988
Niraparib + dostarlimab	PARP Inhibitor	SCLC/HGNEC	48		PFS, ORR	NCT04701307

SCLC: Small-cell lung carcinoma; PD-NEC: Poorly differentiated neuroendocrine carcinoma; PDA: Pancreatic adenocarcinoma; HGNEC: High-grade neuroendocrine cancer; CDK: Cyclin-dependent kinase; ATR kinase: Ataxia telangiectasia and RAD3-related kinase; DLL3: Delta-like protein 3; HDAC: Histone deacetylase; PARP: Poly (ADP-ribose) polymerase; PFS: Progression-free survival; MTD: Maximum tolerated dose; ORR: Objective response rate; AEs: Adverse events.

(88.5%) of 26 evaluable patients were assessed as SD, with a median PFS of 9 mo[75]. Belzutifan is a second-generation small-molecule hypoxia-inducible factor (HIF)-2 α inhibitor, which is recommended in the latest NCCN guidelines for advanced PanNET patients with germline VHL alteration[19]. In a phase II, open-label, single-group trial of belzutifan in patients with renal cell carcinoma associated with VHL disease, 22 patients with PanNETs were included, among them 20 patients (91%) had a confirmed response (including 3 patients (14%) who had a complete response)[76]. Phase I/II clinical trials of new targeted agents such as ATR inhibitors, DLL3 inhibitors, HDAC inhibitors, and PARP inhibitors applied to NETs are currently underway (Table 2), but there is still a long way to go before clinical application.

CONCLUSION

Although there are various treatments for PanNENs, choosing appropriate therapeutic schemes for different patients in terms of pathological classification, grades and stages is still difficult. The selection of a cytotoxic chemotherapy regimen is a concern of researchers, and the results of prospective studies may help to address it. First, the problem of drug resistance facing CAPTEM regimen, the most widely used plan, will probably be solved by the combination of PARP inhibitors and mTOR inhibitors, although more evidence is needed. Due to the limited effect of SSAs on inhibiting cancer cell proliferation, progress has mainly been made in the selection of appropriate patients and the synergistic effect of combination therapy. Many new antiangiogenic agents and high-level clinical evidence have emerged, and the reversal of drug resistance to everolimus has also advanced. The use of PRRT in the treatment of NETs is increasingly common, and new radiolabeled peptides appear to be more effective. Immunotherapy faces challenges, and the better curative effect of dual immune checkpoint inhibitor therapies and the combinations of immune checkpoint inhibitors plus other agents need further investigation. Although there are limited choices in the treatment of PanNENs, the combination of common medicines such as SSAs, cytotoxic chemotherapy, everolimus, sunitinib and immune checkpoint inhibitors can have synergistic effects or alleviate drug resistance, thus bringing new vitality to the treatment of PanNENs. The development of biomarkers in clinical research provides a reference for the prediction of curative effects and the selection of sequential therapy, and biomarker-directed therapy helps in choosing appropriate medicines for different people. Advances in the search for new targets and the use of new medicines on common targets will provide more choices for the treatment of PanNENs, but applying them in clinical practice will still take time. Further investigation of PRRT and immunotherapy and the development of new targeted agents will be the focus of future research, and the progress made in the reversal of drug resistance will help clinical practice. In addition, the selection of appropriate therapeutic schemes for different patients and the execution of individualized and precise therapy will be a continuous concern for researchers.

FOOTNOTES

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